

## Grand Rounds

*Fridays from 7:00 am—8:00 St. Charles Bend, Classrooms C & D*

*and broadcast live via videoconference to Madras, Prineville, Redmond, Burns, John Day & Lakeview*



### August - No Grand Rounds - Summer Break

**Sept. 7, 2018 "Managing Subclinical Hypothyroidism"** Linda Lester, MD, Associate Professor of Medicine, Division of Endocrinology, Diabetes and Clinical Nutrition, OHSU School of Medicine **Objectives:** 1) Identify which patients should be started on thyroid hormone therapy 2) Discuss types of thyroid hormone therapy currently being used, and identify recommended therapies 3) Identify how to monitor patients and adjust their doses to target an appropriate thyroid hormone level

**Sept. 14, 2018 "Proactive Management of Prediabetes"** Stefan Bughi, MD, Associate Professor of Medicine, Division of Endocrinology, Keck School of Medicine of USC **Objectives:** 1) Define prediabetes 2) List risk factors and clinical signs in individuals at risk for type 2 diabetes, including age, ethnic background, history of gestational diabetes, being overweight or obese, low physical activity, and a family history of diabetes 3) Identify interventions to modify risk factors in preventing type 2 diabetes 4) Develop a strategic management plan to proactively screen, assess, follow-up and evaluate patients with prediabetes, particularly prediabetes caused by insulin resistance.

**Sept. 21, 2018 "Update in Outpatient Medicine"** Robert Gluckman, MD, Internal Medicine Specialist, Chief Medical Officer, Providence Health Plans **Objectives:** 1) Understand the risks and benefits of the new Herpes Zoster vaccine 2) Apply the new ACC/AHA Hypertension guidelines 3) Understand the benefits and cost difference of insulin analogs vs. human insulin 4) Understand the risk of screening colonoscopy findings to determine recommendations for interval exams.

**Sept. 28, 2018 "Acupuncture: An Alternative to Opioid for Pain Relief"** Tanuja Goulet, Doctor of Acupuncture and Oriental Medicine, Licensed Acupuncturist Bend, OR) **Objectives:** 1) Interpret studies of acupuncture research in terms of efficacy and effectiveness for pain in short-term and long-term outcomes 2) Interpret studies of acupuncture research in terms of quality of life outcomes in short-term and long-term follow-up 3) Apply acupuncture research concepts to assist in recommending non-drug treatment for complex patients with chronic pain 4) Use presentation concepts to counsel patients on choices in their care 5) Review pain conditions that do not respond to acupuncture

**Oct. 5, 2018 "An Update on Medical Use of Cannabis (with a focus on new study results)"** Jacci Bainbridge, Pharm.D., University of Colorado Denver, Skaggs School of Pharmacy and Pharmaceutical Sciences **Objectives:** 1) Review the pharmacology of cannabis (including drug-drug interactions including salves and oils). 2) Identify the disease states which may be treated with cannabis. 3) Review current medical literature and studies on the medicinal efficacy of marijuana (evidence for and against effectiveness). 4) Describe communication strategies for prospective patients considering or using cannabis treatment. 5) Discuss a case study and patient experience with diagnosis, treatment and management.

**Oct. 12, 2018 "Updates in Psoriasis"** Teri Greiling MD, PhD, Assistant Professor in the Department of Dermatology – School of Medicine at OHSU **Objectives:** 1) Discuss the efficacy and safety of newly approved therapies for psoriasis 2) Discuss the efficacy and safety of promising therapies in the pipeline for psoriasis 3) Review updates in the comorbidities of psoriasis.

**Oct. 19, 2018 "Tick-Borne Diseases of North America"** Johan Bakken MD, PhD, FACP, FIDSA Infectious Diseases Consultant, St. Luke's Medical Center, Duluth, Minnesota, USA **Objectives:** 1) Teach the epidemiology of tick borne diseases in USA 2) Review proper evidence based laboratory testing 3) Educate about proper anti-infective drugs for common tick borne illnesses

### Oct. 26, 2018 No Grand Rounds Medical Staff Meeting Bend

#### Clinical Conferences

**Cardiac Clinical Heart One Conference (STEMI: Hospital ED Door to Reperfusion)** 1st Tuesday of every month at 7:00 am Classroom C&D St. Charles Bend, live broadcast to Madras, Prineville, Redmond, Burns, John Day, Lakeview

**Gastrointestinal Pathology Conference (4th Tuesday of even months)** at 7:00 am location varies St. Charles Bend

**Hematology Conference** 1st Tuesday of every month at 5:30 pm location varies St. Charles Bend

**Multidisciplinary Breast Conference** followed by **Cancer Clinical Conference (Tumor Board)** each Wednesday at 7:00 am - 8:15 Location varies St. Charles Bend, live broadcast to Redmond, Prineville

**Neuroradiology Conference** 4th Tuesday every month at 7:00 am location varies St. Charles Bend

**Stroke Clinical Conference** Sept. 6, 2018 | 0700-0800 Heart and Lung Conference Room

#### Other CME

**Inner Resiliency for Healthcare Professionals** Thursdays, October 4—November 8, 2018 7:00-8:00 a.m. Heart & Lung Conference Room—St. Charles Bend REGISTER: SPACE IS LIMITED and PRE-REGISTRATION IS REQUIRED *Register online <http://www.stcharleshealthcare.org/For-Professionals/Continuing-Medical-Education/Events> or for questions contact Karen Kruger at 541-706-2605 | email [kmkruger@stcharleshealthcare.org](mailto:kmkruger@stcharleshealthcare.org)*

**Procedural Skills: Point of Care Ultrasound Course** Sept. 18, 2018 | 2:00 pm—5:00 pm **Fundamentals of Critical Care Support** Friday and Saturday, Nov. 2- 3, 2018 | 7:30 am – 5:00 pm *Contact Karen Kruger, Procedural Skills Program Coordinator 541-706-2605 or email: [kmkruger@stcharleshealthcare.org](mailto:kmkruger@stcharleshealthcare.org)*

**Internet Point of Care CME** (Call CME office for detail)

**Questions: CME or Clerkship Program?** Call Sheila Jordan MGMT, CHCP, Manager of CME 541.706.6780 or email [ssjordan@stcharleshealthcare.org](mailto:ssjordan@stcharleshealthcare.org)

**Miss a Grand Rounds?** [www.stcharleshealthcare.org](http://www.stcharleshealthcare.org) > "Professionals" > Education > Grand Rounds Archive.